



Philadelphia's First Toastmasters Club Number 541, District 38

December 1, 2008

A Toastmasters Gathering

Guests arrived from all parts of Eastern US and Canada for the District 38 Fall Conference held November 21st and 22nd in Malvern, PA. The conference organizers delivered on their promise to educate and inspire each of us to "Be Amazing".

Inside This Issue

- 1 District Conference
- 1 Conference Tips
- 2 Conference Winners
- 2 Quick Hits
- 3 Brainercise
- 4 Achievements
- 4 Upcoming Events

Tips Learned at the Conference

Table Topics

- Answer in form of a story.
- Close your eyes, picture an image before beginning your story.
- End your story with the answer to the question
- Story should contain Who, What, Where, and When.

Speech Development

- Framework: Past, Present, and Future
- Mind Map: write down all relative ideas to your topic
- Select three of those ideas
- Tell each idea in the style of a Table Topic – 2 minutes each
- Three ideas = one 5-7 minute speech.

3 W's of Humor

What type? There are at least 20 types of humor. Most work; make sure not to offend your audience

Where to find humor? Readers Digest, joke books, real life situations (keep a notebook)

When? Every 1 to 1 1/2 minute in a 5-7 minute speech. Not as often for a longer presentation.

Humor is when a tale ends up in a place where the listener didn't expect.

"Speech is power: speech is to persuade, to convert, to compel."

Ralph Waldo Emerson

Conference Winners

After an impressive contest where all participants were amazing, the following Toastmasters took home the awards:



Table Topics

1. Shel Taylor
2. Jean Shipos
3. James Samuel

Humorous Speech

1. Kevin Stepanuk
"Tale of Two Speeches"
2. George Philip
"Stick Shift Showdown"
3. Brian Thoma
"Restroom Rescue"

Quick Hits

- ⦿ Members who joined AFTER July 1st, 2008 are eligible for the Toastmasters ½ CC award. To qualify, visit www.tmdistrict38.org and submit the CC form by December 31, 2008. Next, present five speeches from your Competent Communicator manual at our club meetings. For more information call or e-mail Denise Dougherty at EVPPhiladelphiaFirst@gmail.com.
- ⦿ If you are planning to complete your Competent Communicator (CC) or Competent Leader (CL) manual by March 31st, go to www.tmdistrict38.org and register to receive a special incentive gift. You must register by December 31st to qualify.
- ⦿ Check out www.centraltoastmasters.org/timer.html. The Massachusetts Toastmasters club offers a speech timer for practicing a 5-7 or 8-10 minute speech. The practice timer is complete with green (minimum time), yellow (one minute to go), red (maximum time) and flashing light when you are 30 seconds past the maximum.
- ⦿ Bring some cheer to others while supporting our troops this holiday season by sending a holiday card to

**A Recovering American Soldier
Walter Reed Army Medical Center
6900 Georgia Avenue, NW
Washington, D.C. 20307-5001**

- ⦿ Coming in January...Get the Word Out – Toastmasters is the place to be.



November Brainercise

Original endings for famous quotes.

From Tyra Jackson:

Friends, Romans, Countrymen lend me...**your wallets (we are in a recession...hehe)!**

Speak softly and carry a...**distinct tone!**

These are times that...**we must treasure!**

Early to bed and early to rise...**is definitely a sign that you are old!**

To err is human...**so dust yourself off and try again!**

If you love someone...**be sure to love them like you have never loved before!**

A penny saved is...**one less spent!**

The best things in life...**are the ones worth fighting for!!**

From Don Suplee:

Friends, Romans, Countrymen lend me...**Eva Longoria.**

Speak softly and carry...**a handful of marines.**

These are times that...**I normally take a nap.**

Early to bed and early to rise...**is absurd on a weekend.**

To err is human...**as proven by our congress.**

If you love someone...**make sure their spouse is unaware.**

A penny saved is... **not as wise as saving a dollar.**

The best things in life are...**all around us.**

Brainercise –The action of exercising the brain; increasing brain cells through an act of mental challenge; can be left or right brain activity.

December Brainercise

Thanksgiving, Hanukkah, Christmas, Boxing Day, Kwanza, New Years – tis the season for holidays. For this month's Brainercise, tell us, what do the holidays mean to you?

Send submissions to kmcananey@yahoo.com.

Happy Holidays!

Members	CC	CL	ACB	ACS	ACG	ALB	ALS	DTM
Michael Anderson								
Mary Barchman	X							
Lyratah Barrett	X	X						
John Boxmeyer	X	X						
Maureen Broderick		X						
James Cantwell								
Denise Dougherty	X	X						
June Dressnandt								
Therese Dressnandt								
John Fitzpatrick	X							
Ilene Hass								
Tyra Jackson								
Bea Joyner	X							
Theresa Kuhar								
Alphonso Lassiter								
Jerry Lindauer								
Lee Loeb	X							
Kathleen Mc Ananey								
Susan Neely								
Rudi Ollivierre	X							
Pat Paulus		X			X			
Jennifer Raksnis								
Herb Rheinstrom		X			X			
Denise Rykard		X						
Rita Smith		X			X			
Sean Stallings								
Joan Stewart				X				
Don Suplee		X						
Robert Thornton		X						
Evilt Vertil								
Claude Vilfort								
Nona Wright								

Toastmaster Members

Achievements

Upcoming Events

Upcoming Meetings	December 4 th
	December 19 th
	January 15 th
Bill of Rights Day	December 15 th
Winter Solstice (shortest day)	December 21 st
Chanukah	December 22 nd (8 days)
Christmas Day	December 25 th
Boxing Day	December 26 th
Kwanzaa	December 26 th
New Years Eve	December 31 st
Get the Word Out	January thru March

DECEMBER 2008						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

JANUARY 2009						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31